



Request for Yoga Program

Date:

Yoga Program Host Name:

Site Address:

City:

State:

Zip:

Yoga Program Contact Name:

Contact E-mail:

Contact Telephone Number:

PROGRAM INTAKE INFORMATION

Please provide some basic information about the yoga programming you envision at your site.

Approximations or ranges for specific questions is acceptable, as is any additional information you feel inclined to provide to help us get a clear sense of the population, needs, and circumstances surrounding the yoga program.

Average age of yoga participant:

How many people will attend the class?

Start date:

Length of yoga class in weeks:



Request for Yoga Program

What should our yoga teacher keep in mind when working with this population?

What is the space like where yoga will take place?

How big is the space, and is any set-up necessary (i.e., removing chairs, tables, etc.)?

Do you need help providing yoga mats for the participants to use?

Do you have space for yoga mat storage? If so, where?

How do you establish boundaries for touch? (CYOP teachers will always demonstrate touch and ask permission in order to assist the students during class.)

Do you support the use of “yoga language” (this includes talking about yoga philosophy, energy anatomy, etc.) during class? Or would you like to keep the class completely secular? (CYOP does not proselytize or treat yoga as a religion in any way.)



Request for Yoga Program

If the teacher needs to cancel class within 24 hours, who should (s)he contact? Likewise, is an action plan in place if the site needs to cancel class? (The site should contact the teacher directly.)

Is there anything else the CYOP teacher should know to make this class as successful as possible?

What is the site's goal with having community yoga classes?

Please comment on any other site-specific information that would be helpful in setting up a yoga class.